## LRG GOVERNMENT ARTS COLLEGE FOR WOMEN, TIRUPUR

## DEPARTMENT OF FOOD SCIENCE AND NUTRITION PROGRAMMES/ ACTIVITIES/ SEMINARS CONDUCTED – 2018-2023

YEAR	SNO	NAME OF THE PROGRAMME	PROGRAMMES ORGANIZED/ ASSOCIATION ACTIVITIES	RESOURCE PERSON
2024- 2025			Cooking competition  – traditional health diet for lactating mother 01.08.2024	Organized by FSN STUDENTS
	1	Breastfeeding Week Competitions	Poster competition on breast feeding 02.08.2024	Organized by FSN STUDENTS
			Breastfeeding month awareness exhibition – healthy food for mother and child 6.08.2024	Organized by FSN STUDENTS
			Prize distribution for prize winners 19.08.2024	-
2023- 2024		Breastfeeding Week exhibition	Exhibition on healthy food for baby and mother 11.08.2023	FSN STUDENTS
	2	Nutrition Month celebration – exhibition with ICDS	Health Awareness exhibition 04.09.2023	Organized by
		Nutrition Month competitions with ICDS	Poster, video contest, Cooking	Organized by FSN STUDENTS
		Exhibition	Awareness exhibition based on "YEAR OF MILLET" 8.3.2024	Organized by FSN STUDENTS
2022- 23	1	Awareness Rally	World Breastfeeding Week & Breast milk Donation Awareness Rally 05 Aug 2022	N. Dineshkumar (Mayor of Tirupur)
	2	Awareness competitions	World Breastfeeding Week (AUGUST 1- 7) Awareness Competitions (slogan, drawing and quiz competitions)	Organized by FSN STUDENTS
	3	Exhibition	World Breast feeding Month awareness Exhibition	Organized by FSN STUDENTS
	4	Exhibition	National Nutrition Week Celebration - An awareness	Dr. Litty Koria Associate Professor, Head of the Zoology

			exhibition on healthy	Department.
			natural foods-	
			celebrate world of	
	5	Awareness Health Talk	An awareness talk on adolescent healthy foods 05.09.2022	Dr. B. Annapoorani, M.Sc.(N), PhD(N), Staff Nurse, Government Hospital, Tirupur
2021 - 2022	1	IDD Awareness Programme	Awareness programme-Global Iodine Deficiency disorders (IDD) Date: 25.10.2021	Dr. M.R . Ezhili .M.A.MPhil.PhD. Principal LRGGAC
2020- 2021	1	Breast Feeding Week Awareness programme and online webinar	-World Breast Feeding Week Celebration (August 1-7) -Online Quiz Date: 26.07.2020 and online webinar - 04.08.2021	Coordinator :Dr.R.Parimala  Prof. X. Emerensia, Principal, RVS College Of Nursing, Sulur, Coimbatore.
2019- 2020	1	Breast Feeding Week Awareness exhibition	Awareness exhibition -World Breast Feeding Week Celebration (August 1-7) -Date 02.08.2019	Organized by FSN STUDENTS
	2	Breast Feeding Week Awareness Camp	Awareness Camp: At Government Hospital, Tirupur Poster Presentation – World breast feeding week 27.08.2019	Organized by FSN STUDENTS
	4	Awareness Exhibition	Eat Right-Good Colorful Foods and avoid junk foods by Chart Presentation Date:20.01.2020	Organized by FSN STUDENTS
2018- 2019	1	Breast Feeding Week Awareness exhibition	Awareness exhibition in the occasion of World Breast Feeding Week Celebration (August 1-7) on 01.08.2018 :Foods to be given for infants (above 6months) and foods to be include during pregnancy	Organized by FSN STUDENTS
	2	Awareness Programme	Awareness Programme -World Breast Feeding Week Celebration (August 1-7) –Date 01.08.2018	Organized by FSN STUDENTS

## **BREASTFEEDING MONTH - AWARENESS PROGRAMMES**

#### **WORLD BREAST FEEDING WEEK -AUGUST**

#### NUTRITION MONTH SEPTEMBER

## 2024-2025

## BREASTFEEDING MONTH AWARENESS EXHIBITION – HEALTHY FOOD FOR MOTHER AND CHILD





## COOKING COMPETITION – TRADITIONAL HEALTH DIET FOR LACTATING MOTHER



### POSTER COMPETITION ON BREAST FEEDING



### PRIZE DISTRIBUTION FOR PRIZE WINNERS



## 2023-2024

# BREASTFEEDING WEEK COMPETITIONS - POSTER, QUIZ, SLOGAN – PRIZE DISTRIBUTION



## **BREASTFEEDING EXHIBITION**





## **NUTRITION EXHIBITION**





# POSTER AND COOKING COMPETITIONS



## 2022-2023

## **BREASTFEEDING COMPETITIONS**



## WORLD BREAST FEEDING MONTH AWARENESS EXHIBITION



# NATIONAL NUTRITION WEEK CELEBRATION -AN AWARENESS EXHIBITION ON HEALTHY NATURAL FOODS- CELEBRATE WORLD OF FLAVOURS



AN AWARENESS TALK ON ADOLESCENT HEALTHY FOODS



**AWARENESS RALLY** 





## 2021-2022

## AWARENESS PROGRAMME-GLOBAL IODINE DEFICIENCY DISORDERS (IDD)



## 2019-2020

#### BREAST FEEDING WEEK AWARENESS PROGRAMME AND ONLINE WEBINAR



#### AWARENESS EXHIBITION -WORLD BREAST FEEDING WEEK CELEBRATION





#### EXHIBITION ON EAT RIGHT-GOOD COLOURFUL FOODS AND AVOID JUNK FOODS



2018-2019
BREASTFEEDING AWARENESS PROGRAMMES-EXHIBITION

